

HS First Aid Training

Level 3 Award in Paediatric First Aid (RQF) 2 Units

Qualification

This qualification is based on the OFTSED (EYFS) guidelines for people who work with, or look after children, to enable them to have a basic knowledge of how to deal with paediatric first aid situations. The aim of the qualification is to enable learners to attain the knowledge and competencies needed to deal with a range of emergency first aid situations which can arise when working with or looking after children. Learners should be able to demonstrate the practical administration of safe, prompt, effective first aid in emergency situations which can arise when looking after children.

Who should attend?

This qualification is designed for people who have a specific responsibility at work, or in voluntary and community activities, to provide first aid to children including babies when dealing with: an emergency situation, chronic or sudden paediatric illness or injury. The level 3 Award in Paediatric First Aid (QCF) can be used towards other qualifications at the same and higher level, plus aid career progression in a relevant profession. This QA qualification is for people who work with or look after children, enabling them to have a basic knowledge of how to deal with paediatric first aid situations, illnesses, injuries and emergencies.

Course Duration

The course is 2 days (min 12 hours contact time plus 4 hours home study)

Cost

The cost includes all training materials, manuals, refreshments and certificate.

In house**	£110 pp
Group rate	£1000 (max 12 people)

*The HSE strongly recommend that you update your skills by taking an annual ½ day refresher.

** For in house courses the venue must have sufficient space to practice all of the skills, be warm and well lit and free from noise. Staff should not be expected to be on duty and need to attend all sessions.



QUALSAFE AWARDS
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What will I learn?

The syllabus for this course is laid down by OFSTED, DfES and Skills for Health and awarded by Quallsafe Awards, an OFQUAL approved awarding body. Additional skills such as medical gases, anaphylaxis and asthma can be added to the course.

Unit 1

Emergency Paediatric first aid

1. Understand the role and responsibilities of the paediatric first aider

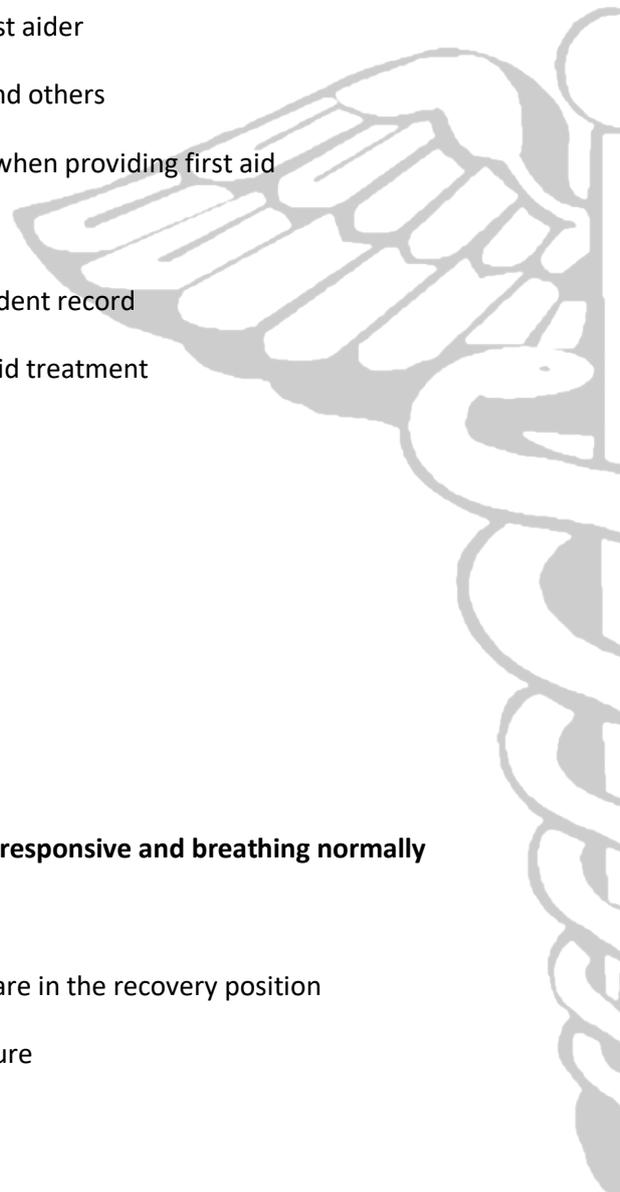
- 1.1 Explain the role and responsibilities of a paediatric first aider
- 1.2 Explain how to minimise the risk of infection to self and others
- 1.3 Identify when to use personal protection equipment when providing first aid
- 1.4 Identify contents of a paediatric first aid kit
- 1.5 Identify the need to complete an accident report/incident record
- 1.6 Define an infant and a child for the purposes of first aid treatment

2. Be able to assess an emergency situation safely

- 2.1 Conduct a scene survey
- 2.2 Conduct a primary survey on an infant and a child
- 2.3 Identify when to call for help

3. Be able to provide first aid for an infant and a child who is unresponsive and breathing normally

- 3.1 Place an infant and a child in the recovery position
- 3.2 Continually monitor an infant and a child whilst they are in the recovery position
- 3.3 Assist an infant and a child who is experiencing a seizure



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4. Be able to provide first aid for an infant and a child who is unresponsive and not breathing normally

4.1 Identify when to administer Cardiopulmonary Resuscitation (CPR) to an unresponsive infant and an unresponsive child who is not breathing normally

4.2 Administer CPR using an infant and a child manikin

5. Be able to provide first aid for an infant and a child who is choking

5.1 Identify when choking is: mild or severe

5.2 Administer first aid to an infant and a child who is choking

6. Be able to provide first aid to an infant and a child with external bleeding

6.1 Explain the types and severity of bleeding in infants and children

6.2 Control external bleeding

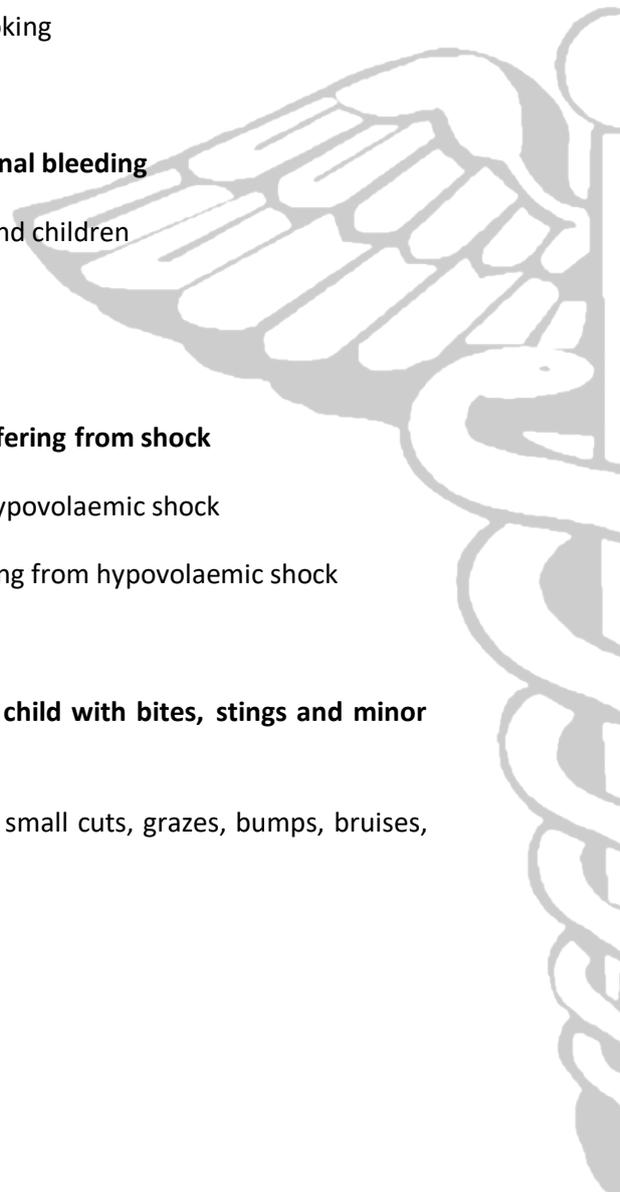
7. Be able to provide first aid to an infant and a child who is suffering from shock

7.1 Recognise an infant or a child who is suffering from hypovolaemic shock

7.2 Administer first aid to an infant or child who is suffering from hypovolaemic shock

8. Understand how to administer first aid to an infant and a child with bites, stings and minor injuries

8.1 Explain how to administer first aid for: bites, stings, small cuts, grazes, bumps, bruises, small splinters and nose bleeds



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Unit 2

Managing Paediatric Illness and injuries

1. Be able to administer first aid to an infant and a child with a suspected fracture

- 1.1 Describe types of fractures
- 1.2 Recognise suspected fractures
- 1.3 Administer first aid for suspected fractures

2. Be able to administer first aid to an infant and a child with head, neck or back injury

- 2.1 Describe how to recognise suspected: Head, neck or back injury
- 2.2 Administer first aid for suspected: Head, neck or back injury

3. Understand how to administer first aid to an infant and a child with conditions affecting the eyes, ears and nose

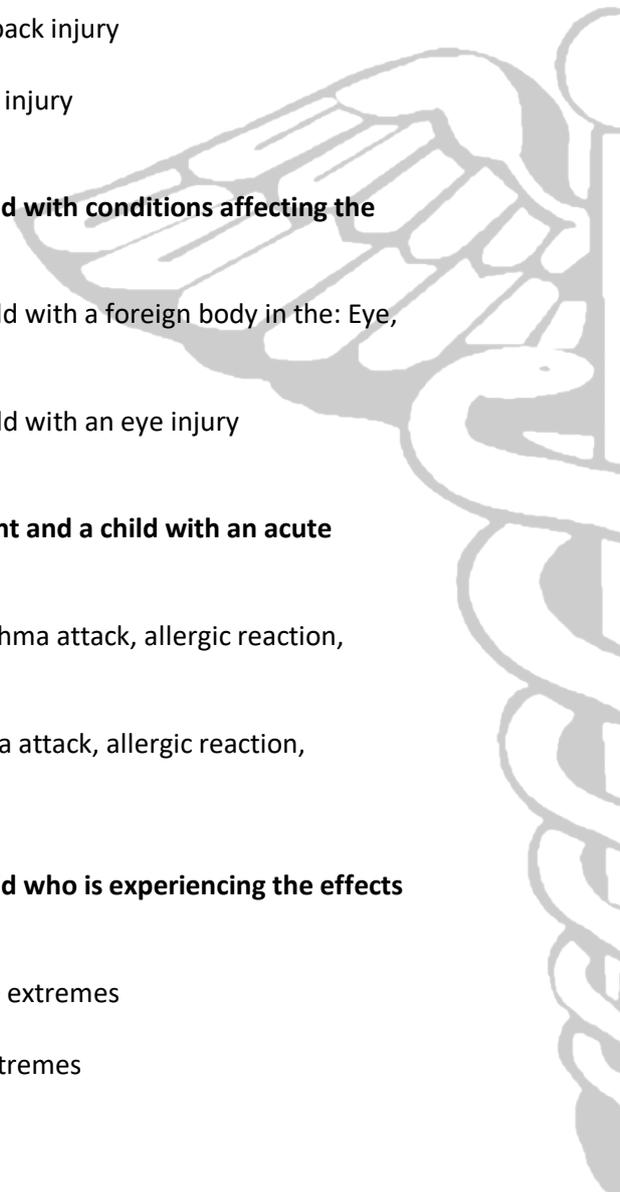
- 3.1 Explain how to administer first aid for an infant or child with a foreign body in the: Eye, ear or nose
- 3.2 Explain how to administer first aid for an infant or child with an eye injury

4. Understand how to administer emergency first aid to an infant and a child with an acute medical condition or sudden illness

- 4.1 Describe how to recognise: Diabetic emergencies, asthma attack, allergic reaction, meningitis and febrile convulsions
- 4.2 Explain how to manage: Diabetic emergencies, asthma attack, allergic reaction, meningitis and febrile convulsions

5. Understand how to administer first aid to an infant and a child who is experiencing the effects of extreme heat and cold

- 5.1 Describe how to recognise the effects of temperature extremes
- 5.2 Explain how to manage the effects of temperature extremes



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6. Understand how to administer first aid to an infant and a child who has sustained an electric shock

- 6.1 Explain how to safely manage an incident involving electricity
- 6.2 Describe how to administer first aid for electric shock incidents

7. Understand how to administer first aid to an infant and a child with burns or scalds

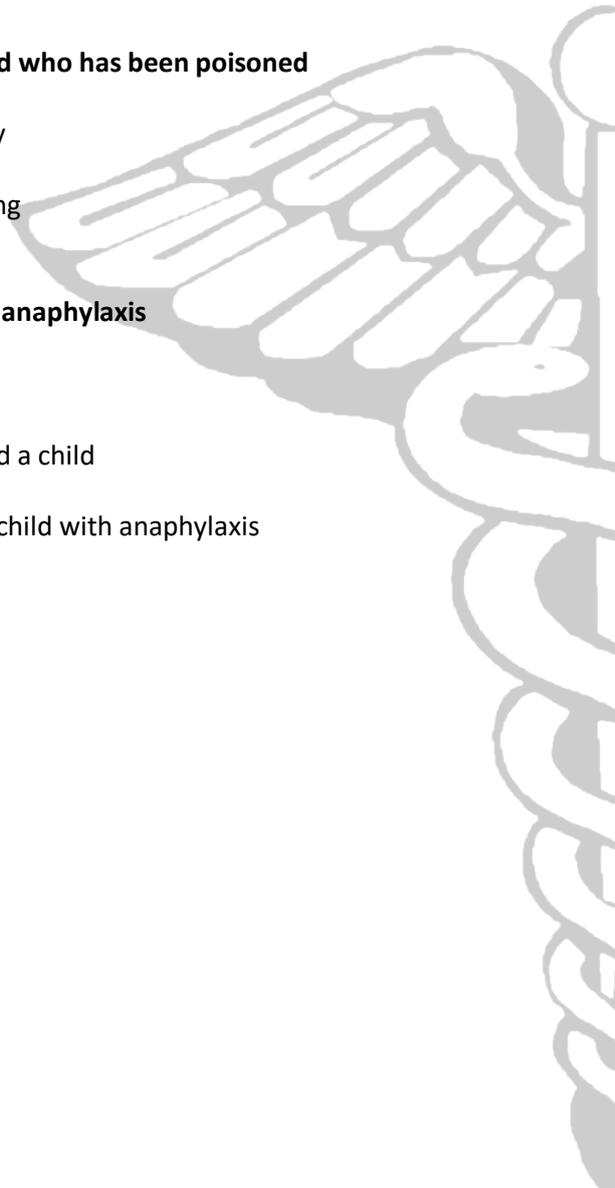
- 7.1 Describe how to recognise the severity of: Burns and scalds
- 7.2 Explain how to administer first aid for: Burns and scalds

8. Understand how to administer first aid to an infant and a child who has been poisoned

- 8.1 Identify how poisonous substances can enter the body
- 8.3 Explain how to administer first aid for sudden poisoning

9. Understand how to provide first aid to an infant or child with anaphylaxis

- 9.1 List common triggers for anaphylaxis
- 9.2 Describe how to recognise anaphylaxis in an infant and a child
- 9.3 Explain how to administer first aid for an infant and a child with anaphylaxis



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Assessment

The assessment consists of 2 multiple choice question papers and 6 practical assessments. The trainers will continually assess throughout the course but the learner will specifically be required to demonstrate the following for child and infants.

Infant CPR and safe use of an AED

Child CPR and safe use of an AED

Choking casualty

Paediatric wounds, bleeding and shock, plus optional extra – Catastrophic bleeding

Unconscious casualty

Management of paediatric fractures

Certification

The learner will receive one certificate on achieving the qualification. Learners will also have the option of having wallet sized plastic cards, which include a brief pictorial guide to CPR and details of when refresher and requalification courses should be undertaken.

The date of certification is based on the achievement of the final unit and the validity will be three years from that date.

Due to the practical nature of this course, Learners should wear appropriate clothing and footwear, e.g. trousers and flat footwear

